

	Monday (Encana)	Wednesday (Border)	Thursday (Border)	
4:00-4:15	Jr Development	Jr Development	CanSkate	
4:15-4:30				
4:30-4:45			Pre-Can Skate	
4:45-5:00				
5:00-5:15	Synchro	Pre-Can Skate	Flood	
5:15-5:30	Flood		CanSkate	
5:30-5:45		StarSkate		Flood
5:45-6:00				
6:00-6:15	Synchro			
6:15-6:30	StarSkate		StarSkate	
6:30-6:45				
6:45-7:00	Flood		Flood	
7:00-7:15				
7:15-7:30				
7:30-7:45	StarSkate	StarSkate	StarSkate	
7:45-8:00				
8:00-8:15				
8:15-8:30				
8:30-8:45	StarSkate	StarSkate	StarSkate	
8:45-9:00				
9:00-9:15				