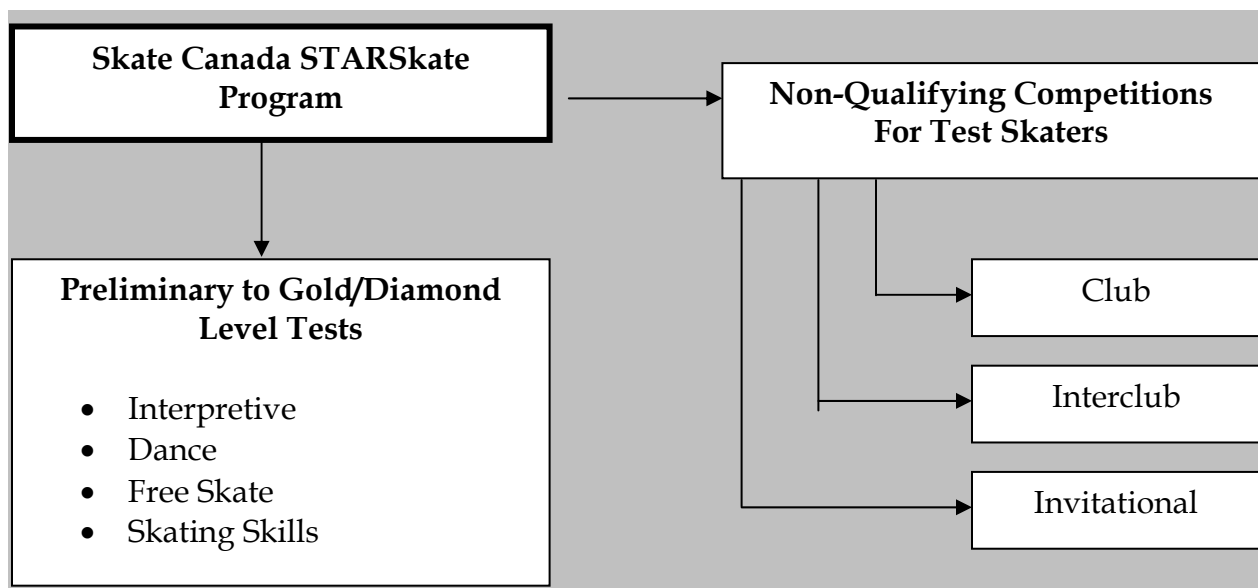


OFFICIAL RULES AND REGULATIONS (TECHNICAL HANDBOOK)

SECTION 4000 - STARSkate PROGRAM

A - STARSkate PROGRAM STRUCTURE

1.0 STRUCTURE DIAGRAM (Rule 4100)



2.0 DEFINITIONS

For the purpose of these Official Rules of the Association, the following definitions apply:

2.1 TEST PROGRAM (Rule 4201 (1))

The Skate Canada STARSkate Program consists of all Skate Canada tests with the exception of competitive tests, which can be found in the Competitive Programs Section 5000.

3.0 DETAILED INFORMATION

For specific information on skills and programs refer to the Technical Handbook and respective program manuals. (Rule 4202)

B - STARSkate PROGRAM - OVERVIEW

1.0 TEST LEVELS (Rule 4301)

Tests are grouped into the following levels:

(1) **PRIMARY LEVEL TESTS:**

- (a) **INTERPRETIVE:** Introductory
- (b) **DANCE:** Preliminary, Junior Bronze
- (c) **FREE SKATING:** Preliminary, Junior Bronze
- (d) **SKATING SKILLS:** Preliminary, Junior Bronze

(2) **INTERMEDIATE LEVEL TESTS:**

- (a) **INTERPRETIVE:** Bronze
- (b) **DANCE:** Senior Bronze, Junior Silver
- (c) **FREE SKATING:** Senior Bronze, Junior Silver
- (d) **SKATING SKILLS:** Senior Bronze, Junior Silver

(3) **SENIOR LEVEL TESTS:**

- (a) **INTERPRETIVE:** Silver and Gold
- (b) **DANCE:** Senior Silver, Gold, Diamond
- (c) **FREE SKATING:** Senior Silver, Gold
- (d) **SKATING SKILLS:** Senior Silver, Gold

(4) **COMPETITIVE TESTS:** See Section 5000.

C - INTERPRETIVE TESTS

1.0 DEFINITIONS

1.1 INTERPRETIVE SKATING

Interpretive Skating is a form of skating in which emphasis is placed on the skaters' ability to use their skills to interpret music rather than on their technical prowess.

2.0 DESCRIPTION OF INTERPRETIVE TESTS

2.1 INTRODUCTORY INTERPRETIVE SINGLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (1))
- (2) **PASSING REQUIREMENT:** Two out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus two out of five of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space and Originality/Creativity.

2.2 BRONZE INTERPRETIVE SINGLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (2))
- (2) **PASSING REQUIREMENT:** Two out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus three out of five of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space and Originality/Creativity.)

2.3 SILVER INTERPRETIVE SINGLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (3))

(C -2.3 Silver Interpretive Singles Test continued)

- (2) **PASSING REQUIREMENT:** Three out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus four out of five of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space and Originality/Creativity.)

2.4 GOLD INTERPRETIVE SINGLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (4))
- (2) **PASSING REQUIREMENT:** Four out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus five out of five of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space and Originality/Creativity.

2.5 INTRODUCTORY INTERPRETIVE COUPLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (5))
- (2) **PASSING REQUIREMENT:** Two out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus three out of six of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space, Originality/Creativity and Interaction.

2.6 BRONZE INTERPRETIVE COUPLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (6))
- (2) **PASSING REQUIREMENT:** Two out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus three out of six of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space, Originality/Creativity and Interaction.

2.7 SILVER INTERPRETIVE COUPLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (7))

(C -2.3 Silver Interpretive Couples Test continued)

- (2) **PASSING REQUIREMENT:** Three out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus four out of six of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space, Originality/Creativity and Interaction.

2.8 GOLD INTERPRETIVE COUPLES TEST

- (1) **PROGRAM:** The program shall be a minimum of 2.0 minutes and a maximum of 3.0 minutes (+ or – 10 seconds). (Rule 4302 (8))
- (2) **PASSING REQUIREMENT:** Four out of four of the following must be satisfactory or better: Edge and Turn Quality, Speed/Flow/Power, Creative Movement with Sureness, Carriage and Line plus six out of six of the following must be satisfactory or better: Interpretation of Music, Communication of Theme, Use of Whole Body, Use of Levels and Space, Originality/Creativity and Interaction.

3.0 SPECIAL QUALIFICATIONS FOR INTERPRETIVE TESTS

3.1 ORDER OF TESTS (Rule 4403 (2))

A candidate for a test must have passed all of the preceding tests in the same category in all disciplines.

3.2 CRITERIA FOR INTERPRETIVE TESTS

- (1) **REQUIREMENT TO PASS THE PRECEDING TEST:** A candidate for an interpretive test shall have passed the preceding test.
- (2) **QUALIFYING FOR SAME TEST:** A candidate may qualify for the same test more than once using a different theme and program on each occasion.
- (3) **OPEN TO SINGLES OR COUPLES:** The Interpretive Tests are open to single skaters or couples.
- (4) **ELIGIBILITY NOT RESTRICTED:** Candidates are not restricted as to eligibility.

4.0 COMPOSITION, CONDUCT & EVALUATION OF INTERPRETIVE TESTS

4.1 COMPOSITION OF THE INTERPRETIVE PROGRAM

This program shall contain a variety of skating moves. These moves should be selected for their value in enhancing the choreographic interpretation of the music rather than for their technical difficulty. Jumps are allowed, but no credit will be given for their technical difficulty.

4.2 MUSIC FOR THE INTERPRETIVE PROGRAM

The skater is unrestricted as to choice of music.

4.3 CONDUCT OF INTERPRETIVE TESTS

- (1) **PROGRAM CRITERIA:** The program shall meet the criteria outlined in 4.1 and 4.2 above.
- (2) **STARTING ORDER:** If there is more than one candidate for the same test, the starting order shall be drawn.

4.4 EVALUATION/MARKING CRITERIA FOR INTERPRETIVE TESTS

Interpretive Skating shall be evaluated/marked using the following criteria:

- (1) **SKATING SKILLS:**
 - (a) **EDGE AND TURN QUALITY:** Quality of basic edges and turns (e.g. three turns, brackets, choctaws etc.) incorporated into the choreography of the program.
 - (b) **SPEED, FLOW AND POWER:** Gaining and maintenance of speed; easy and continual flow; power reflective of the ability of the skater and the chosen music/theme.
 - (c) **CREATIVE MOVEMENT WITH SURENESS:** Incorporating new and creative movements performed with sureness and control.
 - (d) **CARRIAGE AND LINE:** Upper body carriage and body line reflective of the chosen music/theme yet still incorporating good style (e.g. a skater may choose African Tribal dance music; one would expect angular lines and departure from the “normal” skating posture, but this should not be confused with poor basic form. In other words, there is a difference between intentional choreography and poor basic form and line).

(C-4.4 Evaluation /Marking Criteria for Interpretive Tests)

(2) **PERFORMANCE:**

- (a) **INTERPRETATION OF MUSIC:** Clear interpretation of the chosen music.
- (b) **COMMUNICATION OF THEME:** The skater's ability to portray the chosen theme through interpretation of music, skating skills and movement rather than through mime and posing.
- (c) **USE OF WHOLE BODY:** Skater's ability to use the entire body (including torso) to help interpret the music and communicate the theme. Particular attention should be paid in differentiating between postural and gestural movements.
- (d) **USE OF LEVELS AND SPACE:** Skater's ability to use low, mid and high levels as well as space (either immediately surrounding the body as well as within the performance area, or ice surface).
- (e) **ORIGINALITY/CREATIVITY:** Skaters should be encouraged to choose (and rewarded when chosen) an unknown theme or original interpretation of a known piece of music.
- (f) **INTERACTION:** This is relevant to couples only and reflects the need for interaction between the couple during the test but encourages more creativity than what might be the case if the term "unison" is incorporated.

4.5 PROGRAM TITLE

- (1) **AT TESTS:** Before a test, the skater shall submit the title of the program and it shall be identified on the appropriate test summary sheet.
- (2) **AT COMPETITIONS:** Before competition, the skater shall submit the title of the program. It shall be distributed to judges before the first official practice and be provided to the announcer if required.
- (3) **AT EXHIBITIONS:** Before an exhibition the skater shall submit the title of the program.

D - DANCE TESTS

1.0 DEFINITIONS

1.1 COMPULSORY DANCES

The skating of prescribed patterns to music, the type and tempo for which is defined.

1.2 DANCE VARIATION

The skating by a couple of a prescribed dance into which has been inserted a sequence of steps of their own creation.

1.3 RHYTHM DANCE

The skating by a couple of a simple set pattern dance of their own creation to a rhythm selected from a prescribed group.

1.4 INTERPRETIVE DANCE

The skating by a couple of a dance of their own creation to rhythms selected from the appropriate dance tests (see previous Rules 4422, 4423) to ISU or Skate Canada Dance music.

1.5 CREATIVE DANCE

The skating by a couple (or skater) of a dance of their (his/her) own creation. It is skated to a free choice of music with a prescribed character and time signature.

2.0 DESCRIPTION OF DANCE TESTS

(REQUIRED SEQUENCES: For compulsory dances listed below in 2.1 to 2.7 refer to the Figure Skating Terms Defined Section of this Handbook for the required number of sequences on tests and in competitions.)

2.1 PRELIMINARY DANCE TEST

(1) **DANCES:** Dutch Waltz, Canasta Tango, Baby Blues (Rule 4303 (1))

(D-2.1 Preliminary Dance Test continued)

Amendment passed at the 2002 AGM, effective July 1, 2003

- (1) **DANCES:** Dutch Waltz, Canasta Tango, Baby Blues, Preliminary Creative Dance (Rule 4303 (1) (a))
- (2) **PERFORMED SOLO, SHADOW OR AS A COUPLE:** Preliminary Creative Dance (New Rule 4303 (1) (b))
- (3) **EXCEPTION TO PASSING ALL THE INDIVIDUAL DANCES:** Skaters must pass three of the four Preliminary Dances to be awarded the Preliminary Dance test. (New Rule 4303 (1) (c))

RENUMBER: Existing (2) as (4)

- (2) **PASSING REQUIREMENT FOR EACH DANCE:** The candidate must obtain a “Satisfactory” evaluation or better in Timing and Accuracy/Flow on each dance in order to pass.

2.2 JUNIOR BRONZE DANCE TEST

- (1) **DANCES:** Swing Dance, Fiesta Tango, Willow Waltz (Rule 4303 (2))
- (2) **PASSING REQUIREMENT FOR EACH DANCE:** The candidate must obtain a “Satisfactory” evaluation or better in Timing and Accuracy/Flow and one of Style/Form, Expression, Unison or Placement on each dance in order to pass.

2.3 SENIOR BRONZE DANCE TEST

- (1) **DANCES PERFORMED WITH A PARTNER:** Ten-Fox, Fourteenstep, European (Rule 4303 (3) (a))

Amendment passed at the 2002 AGM, effective July 1, 2003

- (2) **PERFORMED SOLO, SHADOW OR AS A COUPLE:** Bronze Creative Dance (New Rule 4303 (3) (b))
- (3) **EXCEPTION TO PASSING ALL THE INDIVIDUAL DANCES:** Skaters must pass three of the four Senior Bronze Dances to be awarded the Senior Bronze Dance test. (New Rule 4303 (3) (c))

RENUMBER: Existing (2) as (4)

- (2) **PASSING REQUIREMENT FOR EACH DANCE:** Satisfactory or better in Timing and Accuracy/Flow plus Satisfactory or better in at least two of: Style/Form, Expression, Unison* or Pattern/ Placement on each dance.

(D-23 Senior Bronze Dance Test continued)

*A satisfactory evaluation in the unison criteria is a requirement for partnered dances only.

2.4 JUNIOR SILVER DANCE TEST

(1) **DANCES PERFORMED WITH A PARTNER:** Harris Tango, Rocker Foxtrot (Rule 4303 (4) (a))

(2) **DANCES PERFORMED SOLO OR WITH A PARTNER:** American Waltz, Keats Foxtrot (Rule 4303 (4) (b))

(3) **PASSING REQUIREMENT FOR EACH DANCE:** Satisfactory or better in Timing and Accuracy/Flow plus Satisfactory or better in at least three of: Style/Form, Expression, Unison* or Pattern/Placement on each dance.

*A satisfactory evaluation in the unison criteria is a requirement for partnered dances only.

2.5 SENIOR SILVER DANCE TEST

(1) **DANCES PERFORMED WITH A PARTNER:** Paso Doble, Starlight Waltz, Cha Cha Congelado (Rule 4303 (5) (a))

(2) **DANCES PERFORMED SOLO OR WITH A PARTNER:** Blues, Kilian (Rule 4303 (5) (b))

Amendment passed at the 2002 AGM, effective July 1, 2003

(3) **PERFORMED SOLO, SHADOW OR AS A COUPLE:** Silver Creative Dance (New Rule 4303 (5) (c))

(4) **SENIOR SILVER DANCE TEST PASSING REQUIREMENT:** Skaters must pass four of the six Senior Silver Dances to be awarded the Senior Silver Dance test. (Rule 4303 (5) (d))

RENUMBER: Existing (3) and (4) as (5) and (6)

(3) **SENIOR SILVER DANCE TEST PASSING REQUIREMENT:** Skaters must pass four of the five Senior Silver Dances to be awarded the Senior Silver Dance test. (Rule 4303 (5) (c))

(4) **PASSING REQUIREMENT FOR EACH DANCE:** Satisfactory or better in all six criteria for partnered dances and all except unison for soloed dances.

2.6 GOLD DANCE TEST

- (1) **DANCES PERFORMED WITH A PARTNER:** Viennese Waltz, Westminster Waltz, Argentine Tango, (Rule 4303 (6) (a))
- (2) **DANCES PERFORMED SOLO OR WITH A PARTNER:** Quickstep, Silver Samba (Rule 4303 (6) (b))

Amendment passed at the 2002 AGM, effective July 1, 2003

- (3) **PERFORMED SOLO, SHADOW OR AS A COUPLE:** Gold Creative Dance (New Rule 4303 (6) (c))
- (4) **GOLD DANCE TEST PASSING REQUIREMENT:** Skaters must pass four of the six Gold Dances to be awarded the Gold Dance test. (Rule 4303 (6) (d))

RENUMBER: Existing (3) and (4) as (5) and (6)

- (3) **GOLD DANCE TEST PASSING REQUIREMENT:** Skaters must pass four of the five Gold Dances to be awarded the Gold Dance test. (Rule 4303 (6) (c))
- (4) **PASSING REQUIREMENT FOR EACH DANCE:** Satisfactory or better in all six criteria for partnered dances and all except unison for soloed dances.

2.7 DIAMOND DANCE TEST

- (1) **DANCES PERFORMED WITH A PARTNER:** Ravensburger Waltz, Tango Romantica, Yankee Polka, Rhumba, Austrian Waltz, Golden Waltz (Rule 4303 (7) (a))
- (2) **DIAMOND DANCE TEST: PASSING REQUIREMENT:** Skaters must pass four of the six Diamond Dances to be awarded the Diamond Dance Test (Rule 4303 (7) (b))
- (3) **PASSING REQUIREMENT FOR EACH DANCE:** Satisfactory or better in all six criteria.

3.0 SPECIAL QUALIFICATIONS FOR DANCE TESTS

3.1 COMPETITIVE TEST EQUIVALENCIES IN THE STARSkate PROGRAM

Compulsory dances passed in the competitive test stream shall also be credited in the test stream.

3.2 DANCES PASSED PRIOR TO JULY 1, 1990

- (1) **CREDIT IN COMPETITIVE TEST STREAM:** Any compulsory dance passed prior to July 1, 1990 will be given credit in the competitive dance stream.
- (2) **CREDIT IN THE NEW DANCE TEST SYSTEM:** A dance that was passed prior to July 1, 1990 at a lower level shall not be retried if it subsequently occurs at a higher level. Credit in the new dance test system will be given:

Prior to July 1, 1990

Swing Dance (Preliminary)
Ten-Fox (Junior Bronze)
Foxtrot (Keats) (Senior Bronze)
Variation Dance

Silver Free Dance

Gold Free Dance

Starlight Waltz
Kilian
Paso Doble
Blues
Viennese Waltz
Westminster
Quickstep
Argentine Tango
Ravensburger Waltz
Tango Romantica
Yankee Polka
Rhumba

After July 1, 1990

Swing Dance (Junior Bronze)
Ten-Fox (Senior Bronze)
Keats Foxtrot (Junior Silver)
Dance Variation
Bronze Rhythm Dance
Silver Interpretive Dance
Junior Competitive Free Dance
Gold Interpretive Dance
Senior Competitive Free Dance
Novice Competitive Starlight Waltz
Novice Competitive Kilian
Novice Competitive Paso Doble
Novice Competitive Blues
Junior Competitive Viennese
Junior Competitive Westminster
Junior Competitive Quickstep
Junior Competitive Argentine
Senior Competitive Ravensburger
Senior Competitive Tango Romantica
Senior Competitive Yankee Polka
Senior Competitive Rhumba

3.3 DANCES PASSED PRIOR TO JULY 1, 1992

Credit in the new dance test system will be given:

(D-3.3 Dances Passed Prior to July 1, 1992 continued)

Prior to July 1, 1992

Senior Competitive Dance Test
(parts 1-4)
Rhumba, Yankee Polka,
Tango Romantica, Ravensburger Waltz

After July 1, 1992

Senior Competitive Dance Test
(parts 1-4)
Diamond Dance Test

3.4 ORDER OF TESTS

- (1) **MUST PASS ALL DANCES IN A LEVEL BEFORE PROGRESSING TO THE NEXT LEVEL:** The dances can be tried in any order. A candidate must pass the minimum number of the dances in a dance test before progressing to the next level. (Rule 4403 (3))
- (2) **EXCEPTIONS TO (1):** A candidate for a test must have passed all of the preceding tests in the same category in all disciplines except as permitted by the special provisions outlined below:
 - (a) **COMPULSORY DANCES:** A candidate may try all the tests in compulsory dancing without trying any of the Creative Dance tests.

3.5 PARTNERS FOR DANCE TESTS

- (1) **ELIGIBILITY OF PARTNERS FOR DANCE TESTS:** Partners are unrestricted as to eligible status or tests passed previously. All partners whether eligible or ineligible must be members of the Association. (Rule 4401 (2))
- (2) **CANDIDATES RESPONSIBILITY FOR PARTNER:** For partnered dances, it is the responsibility of the candidate to have a partner who complies with the rules, present and ready to skate, at the time designated for the test.
- (3) **PARTNER COMPOSITION:** A couple shall be comprised of a lady and a man, each skating their own steps. In the event, that a lady candidate is unable to secure a male partner, she may be partnered by another lady skating the man's steps. (The latter does not apply to the competitive test stream.) It is also possible for a lady to execute the man's steps and receive credit for the test apart from the credit received for performing the lady's steps (i.e. dance tests may be taken more than once).

4.0 COMPOSITION, CONDUCT AND EVALUATION OF COMPULSORY / CREATIVE DANCE TESTS

4.1 CONDUCT OF COMPULSORY / CREATIVE DANCE TESTS

- (1) **TESTING ALL THE CANDIDATES FOR ONE DANCE:** All the candidates for one dance shall skate before any candidates commence another dance, unless otherwise authorized by the referee or evaluator.
- (2) **TESTING DANCES IN NUMERICAL ORDER:** Compulsory dances shall be skated in their numerical order except when otherwise specified for a particular test or competition (See Free Skating Terms Defined 3.1).
- (3) **REQUIREMENT TO SKATE WITH A PARTNER:** In all dance tests, a candidate shall skate with a partner except as noted in Rule 4303.
- (4) **REQUIREMENT TO RESKATE WITH ANOTHER PARTNER:** The evaluator may require the candidate to reskate any dance with another partner if the partner for a dance test appears to lack the ability to lead, or to follow, as appropriate.

4.2 SOLO SKATING

In addition to solo dancing as described in Rule 4303, A candidate for a compulsory dance test after skating the dance with a partner may subsequently also skate the dance alone under the circumstances specified below. When a solo skating occurs, the evaluator shall not record an additional evaluation, but use this as a check on the candidate's knowledge of the steps, accuracy in timing and sureness of skating. A candidate who is 25 years of age or older will not be required to skate a solo. (*Housekeeping Change 2003*)

- (1) **REQUESTS FOR SOLO NOT PERMITTED:** In the Preliminary Dance Test and Diamond Dance Test, solo skating at the request of the evaluator is not permitted.
- (2) **JUNIOR BRONZE:** In the Junior Bronze Dance Test, the evaluator may request a solo under extenuating circumstances.
- (3) **SENIOR BRONZE:** In the Senior Bronze Dance Test, the evaluator may request a solo as indicated above.
- (4) **JUNIOR SILVER:** In the Junior Silver Dance Test, the American Waltz and Keats Foxtrot may be skated solo. The evaluator may request a solo skating of any of the dances.
- (5) **SENIOR SILVER:** In the Senior Silver Dance Test, the Blues and the Kilian may be skated solo. The evaluator may request a solo skating of any of the dances.

(D-4.2 Solo Skating continued)

- (6) **GOLD:** In the Gold Dance Test, the Quickstep and the Silver Samba may be skated solo. The evaluator may request the candidate to skate any of the dances alone.

4.3 INTRODUCTORY STEPS (See Notice Board)

- (1) **WHERE THE DANCE SHALL START:** The evaluator may rule as to where the dances shall be started.
- (2) **STEPS AND POSES:** All compulsory dances may be started with optional introductory steps. For evaluated tests, skaters may use a maximum of 7 introductory steps. Theatrical poses are forbidden. However, some opening poses may reflect the character of the given dance. *(Housekeeping Change 2003)*
- (3) **VIOLATIONS PENALIZED BY EVALUATOR:** Violations of this rule must be penalized by the evaluators.

4.4 SCALE FOR EVALUATING COMPULSORY / CREATIVE DANCE TESTS

Dance tests shall be evaluated based on the following scale: Excellent, Good, Satisfactory, Needs Improvement.

4.5 CRITERIA FOR EVALUATING COMPULSORY / CREATIVE DANCE TESTS

In tests, evaluations shall be given under two categories, the first for dance rhythm, the second for execution. It must be realized that certain aspects of dancing do not fall clearly into a single subdivision. The more mechanical aspects of unison, for example, might be construed as belonging under execution. The definitions are intended to summarize the requirements and shall be followed as closely as possible.

- (1) **DANCE RHYTHM:**
 - (a) **TIMING:** The proper relationship of the strokes and other body movements to the music. The skater shall coordinate his body motions, such as rotation, knee-bend, swing of the free leg, etc., with the music so that the stroke is completed smoothly and the transfer to the new skating foot or the turn is made without pause or rush.
 - (b) **EXPRESSION:** That quality of dancing which interprets the character of the music that designates the type of dance such as waltz, tango, march, etc. Expression of the music shall show by rapid or slow changes in the dance motions, the variation pattern of the music. Thus in the waltz, as the variation pattern of the music is extremely even, the

(D-4.5 Criteria for Evaluating Compulsory Dance Tests – (1) Dance Rhythm continued)

speed of the body motions shall show little change and the movements shall be nearly continuous.

- (c) **UNISON (only for dances requiring a partner):** The mutual coordination of the movements and positions as a couple. Body movements, such as leg-swings and knee-bends, shall be equalized; partners shall remain close without effort and their shoulders shall be parallel in the closed positions. The man shall show his ability to lead his partner and the lady her ability to follow a lead.
- (2) **EXECUTION:**
- (a) **ACCURACY/FLOW:** The steps, timing and movement of the dances must be skated in accordance with the regulations. Provided that there is conformity with the basic requirements, some latitude in movement is permitted to enable couples or skaters (for solo dances) to perform the dances with individual expression. Footwork must be neat and definite edges must be skated. Obvious skating on two feet must be avoided. On chassés and progressives the feet should be lifted as small a distance from the ice as is consistent with taking a clean stroke.
 - (b) **STYLE/FORM:** In general, carriage should be upright but not stiff, with the head up. The hold should be firm and the fingers neither spread nor clenched. All actions should be easy and flowing with the direct object of assisting the movement. Speed should not be gained at the expense of good style. The knee of the skating leg should be flexible with a rhythmic rise and fall. The free leg should be turned outwards with the knee slightly relaxed and the toe pointed down.
 - (c) **PATTERN/PLACEMENT:** The skating of the prescribed pattern and its intelligent location within the skating area.

5.0 COMPOSITION, CONDUCT AND EVALUATION OF VARIATION AND RHYTHM DANCES

~~5.1 COMPOSITION OF THE DANCE VARIATION FOR COMPETITIONS~~

- ~~(1) **BASED ON THE TEN FOX:** The Dance Variation shall be based on the Ten Fox. A complete sequence of the Ten Fox shall be skated first, followed by the variation sequence, then another sequence of the Ten Fox followed by a repeated variation sequence.~~
- ~~(2) **SKATE CANADA MUSIC:** The Dance Variation must be skated to Skate Canada music for the Ten Fox.~~

(D-5.1 Composition of the Dance Variation for Competitions continued)

~~(3) — VARIATION SEQUENCE:~~

- ~~(a) — MEASURES OF MUSIC: The variation sequence shall consist of at least 6, but not more than 12 measures of music.~~
- ~~(b) — STEPS: The variation sequence shall consist of an original series of simple steps and movements skated in time with the music. The choice of steps, turns and rotations is free except that toe steps are not permitted and one skate of each skater must remain on the ice at all times and stops are not permitted. Edges and flow shall be emphasized rather than technical difficulty.~~
- ~~(4) — DANCE HOLDS AND ARM MOVEMENTS: There are no restrictions on dance holds, arm movements or hand claps. Hand in hand positions with outstretched arms are not permitted. The partners must not separate except to change dance hold which must not exceed one measure of music.~~
- ~~(5) — DIRECTION, LOOPS, MID-LINE: Reverse direction and loops are not permitted. The dance pattern, including the variation sequence, must not cross the mid line except when crossing the end of the rink.~~
- ~~(6) — TRANSITIONS: The transitions from the Ten Fox into the variation sequence and back again must be in phase with the timing and rhythm of the dance.~~
- ~~(7) — REPEATING THE VARIATION SEQUENCE: Each repetition must include the variation sequence as skated in the first pattern. The same pattern must be repeated in the second round.~~
- ~~(8) — INTRODUCTORY STEPS: The number of introductory steps shall not exceed the introductory phrasing of the specific music used.~~
- ~~(9) — CLOTHING: Clothing must be simple, modest and dignified. Show costumes are not permitted.~~

5.2 — COMPOSITION OF THE RHYTHM DANCE FOR COMPETITIONS

- ~~(1) — EMPHASIS OF THE DANCE: A rhythm dance shall be a simple dance with emphasis on the strength of the edges and flow rather than on the technical difficulty of the steps.~~
- ~~(2) — MUSIC: One piece of applicable Skate Canada or ISU Junior Silver Test dance music and other rhythms as determined by the Skating Programs Committee.~~
- ~~(3) — PATTERN: The pattern shall consist of a full circuit of the ice or two half patterns for each of the two required sequences. Reverse direction shall not be permitted. The dance shall not cross the long axis of the ice surface except at the ends of the ice. Loops and retrogressions are not permitted. No stops are permitted.~~

(D-5.2 Composition of a Rhythm Dance for Competitions continued)

- (4) — **CONTENT OF RHYTHM DANCE:** The dance shall conform to the requirements outlined in Composition of an Original Dance (except for difficulty and intricate footwork see Section 5000 of Technical Handbook) and except that no stops are permitted. Two identical sequences are required.
- (5) — **RHYTHM:** The rhythm used for all competitions shall be as selected and announced annually by Skate Canada.

5.3 — SPARE (Housekeeping Change 2003)

5.4 — EVALUATION OF THE DANCE VARIATION IN COMPETITION

The Dance Variation is judged using two main criteria: Composition and Presentation.

(1) — **COMPOSITION:**

- (a) — Content of Variation (originality, variety, including correct steps and holds— see above).
- (b) — Content of Compulsory Dance (accuracy/execution of steps/pattern).
- (c) — Skating Technique (strength of edge, flow, cleanness and sureness appropriate for Senior Bronze level).
- (d) — Ice Coverage (pattern of variation, number of measures, correct repetition of sequences).
- (e) — Harmonious Composition of dance as a whole (transitions, balance between variation and compulsory dance, highlights, etc.)

(2) — **PRESENTATION:**

- (a) — Timing of Variation
- (b) — Timing of Compulsory Dance
- (c) — Expression (character of the Ten Fox)
- (d) — Unison
- (e) — Style

5.5 EVALUATION OF THE BRONZE RHYTHM DANCE IN COMPETITION

A Bronze Rhythm Dance is judged using two main criteria: Composition and Presentation.

(1) COMPOSITION:

- (a) **CONTENT:** Originality/variety (in the character of ballroom dancing) including correct steps and holds—see above.
- (b) **SKATING TECHNIQUE:** Strength of edge/flow/cleanliness/sureness (appropriate for Junior Silver level).
- (c) **ICE COVERAGE:** Use of ice surface/correct pattern in accordance with 5.1 correct repetition of sequences.
- (d) **HARMONIOUS COMPOSITION:** Harmonious Composition of the dance as a whole: simple but with character of ballroom dance/ balance of highlights, etc.

(2) PRESENTATION:

- (a) Timing
- (b) Expression: to reflect the rhythm selected from the Junior Silver Dance Test
- (c) Unison
- (d) Style

5.6 DEDUCTIONS APPLIED IN COMPETITION

Apply to Dance Variation, Bronze Rhythm in competition. Marks must be deducted by the judges for violations of the Rules as follows:

(1) UNDER COMPOSITION: Violations of technical restrictions—Composition of Original Dance guidelines in Section 5000 of Technical Handbook:

0.1 per violation

(2) UNDER PRESENTATION:

- (a) incorrect or inappropriate selection of music 0.1 0.4
- (b) incorrect timing 0.1 0.4
- (c) lack of expression 0.1 0.4

(D-5.6 Deductions Applied in Competitions continued)

(d) ~~inappropriate costumes~~ 0.1 0.2

6.0 COMPOSITION, CONDUCT AND EVALUATION OF INTERPRETIVE DANCES

(Note: these dances are not currently part of the Skate Canada STARSkate test program)

6.1 COMPOSITION OF THE INTERPRETIVE DANCE

(1) MUSIC:

- (a) ~~An Interpretive Dance shall be composed to Skate Canada or ISU music selected from the indicated group of dances.~~
 - (b) ~~The number, duration and rhythms of the musical selections shall be at the discretion of the couple provided that the total length is within the announced limits.~~
- (2) PATTERN:** ~~There are no restrictions on the pattern of the dance except that it should not be repetitive in nature.~~
- (3) STEPS AND MOVEMENTS:** ~~The dance must contain steps and movements that express the character of the music. All steps, turns, rotations and changes of position are permitted, provided that they are appropriate to the music chosen. Lifts are not required. The dance must display good skating technique with a balance of difficulty between partners.~~
- (4) DANCE HOLDS AND ARM MOVEMENTS:** ~~There are no restrictions on dance holds, arm movements and hand claps that are characteristic of the music (except that hand in hand positions with outstretched arms are not permitted). The partners must not separate except to change dance hold. Such separations shall not exceed one measure of music.~~
- (5) STANDING POSITION POSES:** ~~Excessive posing in a standing position is not permitted.~~
- (6) CLOTHING:** ~~Clothing must be simple, modest and dignified. Costumes may reflect the character of the music, but show costumes are not permitted.~~
- (7) DIFFICULTY OF THE PROGRAM:** ~~A program that relies heavily on the use of chassés and progressives (runs) is considered to be less difficult than one containing changes of edge, rockers, choctaws and other such steps. Many and varied dance holds increase the difficulty of the program.~~

6.2 — EVALUATION OF THE INTERPRETIVE DANCE

In evaluating interpretive dance, the following is to be considered:

(1) — **TECHNICAL MERIT:** In evaluating technical merit, the following shall be considered:

- (a) — difficulty, originality, and variety of the performance;
- (b) — cleanness and sureness;
- (c) — skating on edges with depth and flow;
- (d) — utilization of the ice surface.

(2) — **ARTISTIC IMPRESSION:** In evaluating the artistic impression the following shall be considered:

- (a) — selection of appropriate music;
- (b) — movement of the couple in rhythm with the music (correct timing);
- (c) — harmonious composition of the program as a whole and its conformity to
- (d) — the music chosen (choreography);
- (e) — interpretation of the character of the music (expression);
- (f) — flow, carriage, and unison of the couple (style).

E - FREE SKATING TESTS

1.0 DEFINITIONS

1.1 FREE SKATING PROGRAM

The Free Skating Program is a program of a specified length, skated to music of the skater's choice. The skater is free to choose the number and the type of elements to be included, subject to the requirements outlined in Rules for individual tests.

2.0 DESCRIPTION OF FREE SKATING TESTS

Rule 4304 (1) to (6) is included in regulations 2.1 to 2.6. See Appendix A of this Section for Diagrams of Stroking Exercises.

2.1 PRELIMINARY FREE SKATING TEST

- (1) **PART 1: ELEMENTS (Rule 4304 (1) (a)):** 14 compulsory elements in isolation:
- (a) **STROKING:** Two exercises (direction is optional):
 - **FORWARD PERIMETER STROKING:** The skater skates forward around the perimeter of the rink, using straight strokes along the sides and cross-cuts around the ends.
 - **BACKWARD PERIMETER STROKING:** The skater skates backwards around the perimeter of the rink, using straight strokes along the sides and cross-cuts around the ends.
 - (b) **JUMPS:** Five jumps consisting of:
 - Bunny Hop
 - Waltz
 - Salchow
 - Flip
 - Loop
 - (c) **JUMP COMBINATION:** One jump combination consisting of a Toe Loop/Toe Loop.
 - (d) **SPINS:** Four spins each with a minimum of 2 rotations consisting of:
 - Forward One-Foot Upright (or Corkscrew)
 - Backward One-Foot Upright (or Corkscrew)
 - Sit Spin
 - Camel Spin
 - (e) **FIELD MOVEMENTS:** Two field movements as follows:
 - Right Forward Spiral (choice of edge)
 - Left Forward Spiral (choice of edge)
 - (f) **PASSING REQUIREMENT:** 12/14 elements satisfactory or better. All stroking exercises must be satisfactory or better.
- (2) **PART 2: PROGRAM (Rule 4304 (1) (b)):** A free skating program to music.

(E-2.1 Preliminary Free Skating Test - (2) Part 2: Program continued)

- (a) **DURATION:** A program of 1.5 or 2.0 minutes (\pm 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- **JUMPS:** A minimum of 3 different jumps of at least one rotation.
 - **SPINS:** A minimum of 2 different spins.
- (c) **PASSING REQUIREMENT:**
- (i) **FOUR OF SIX CRITERIA SATISFACTORY OR BETTER:** A Satisfactory evaluation or better in 4/6 of the following criteria:
- Use of Ice
 - Use of Music
 - Carriage/Line/Form
 - Sureness of Skating Skills (excluding jumps and spins)
 - Speed
 - Program Composition
- (ii) **FURTHER PASSING REQUIREMENT:** Sureness of skating skills must be satisfactory or better.

2.2 JUNIOR BRONZE FREE SKATING TEST

- (1) **PART 1: ELEMENTS (Rule 4304 (2) (a)):** 14 compulsory elements in isolation:
- (a) **STROKING:** 4 exercises (draw for direction then alternate):
- **FORWARD OUTSIDE EDGE STROKING WITH CROSSCUTS ON END:** The skater skates forward outside edges down the length of the rink and forward crosscuts on the ends.
 - **FORWARD INSIDE EDGE STROKING WITH CROSSCUTS ON END:** The skater skates forward inside edges down the length of the rink and forward crosscuts on the ends.
 - **BACKWARD OUTSIDE EDGE STROKING WITH CROSSCUTS ON END:** The skater skates backward outside edges down the length of the rink and backward crosscuts on the ends.
 - **BACKWARD INSIDE EDGE STROKING WITH CROSSCUTS ON END:** The skater skates backward inside edges down the length of the rink and backward crosscuts on the ends.

(E-2.2 Junior Bronze Free Skating Test – (1) Part 1: Elements continued)

- (b) **JUMPS:** Four jumps consisting of:
- Flip
 - Lutz
 - Axel or Walley
 - Split
- (c) **JUMP COMBINATIONS:** Two jump combinations as follows:
- Salchow/Toe Loop
 - Loop/Loop
- (d) **SPINS:** Three spins consisting of:
- One-Foot Upright Spin: Backward, corkscrew position, minimum of 3 rotations
 - Flying Spin: Minimum of 3 rotations.
 - Combination Spin: Minimum of 2 rotations in each position, minimum of 2 positions, optional change of foot.
- (e) **FIELD MOVEMENTS:** Backward Spiral (choice of edge)
- (f) **PASSING REQUIREMENT:** 12/14 elements satisfactory or better. All stroking exercises must be satisfactory or better.
- (2) **PART 2: PROGRAM (Rule 4304 (2) (b)):** A free skating program to music:
- (a) **DURATION:** 2.0 or 2.5 minutes (\pm 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- **JUMPS:** A minimum of 4 different jumps of at least one rotation.
 - **SPINS:** 2 different spins.
- (c) **PASSING REQUIREMENT:**
- (i) **FOUR OF SIX CRITERIA SATISFACTORY OR BETTER:** A satisfactory evaluation or better in 4/6 of the following criteria.
- Use of Ice
 - Use of Music
 - Carriage/Line/Form
 - Sureness of Skating Skills (excluding jumps and spins)
 - Speed
 - Program Composition

(E-2.2 Junior Bronze Free Skating Test – (1) Part 2: Program continued)

- (ii) **FURTHER PASSING REQUIREMENT:** Sureness of Skating Skills must be satisfactory or better.

2.3 SENIOR BRONZE FREE SKATING TEST

- (1) **PART 1: ELEMENTS (Rule 4304 (3) (a)):** 14 compulsory elements in isolation:
- (a) **STROKING:** 3 exercises (draw for direction then alternate):
- **RUSSIAN STROKING:** Rapid stroking, consisting of three step lobes forward inside/outside/inside with crossovers.
 - **FORWARD CROSSCUT / OUTSIDE-INSIDE CHANGE OF EDGE EXERCISE:** The skater performs a forward crosscut followed by an outside to inside change of edge then repeats the forward crosscut and change of edge in the other direction starting on the other foot. It is recommended that the free leg move in front for the change of edge and remain in front after the change but the free leg position is optional provided that the correct edges are skated. The recommended stroking pattern consists of four lobes down the sides of the rink and four crosscuts on the ends. The exact numbers, however, will depend on the size of the rink and the strength of the skater.
 - **BACKWARD CROSSCUT / OUTSIDE-INSIDE CHANGE OF EDGE EXERCISE:** The skater performs a backward crosscut followed by an outside to inside change of edge then repeats the backward crosscut and change of edge in the other direction starting on the other foot. It is recommended that the free leg move back for the change of edge and remain in front after the change but the free leg position is optional provided that the correct edges are skated. The recommended stroking pattern consists of four lobes down the sides of the rink and four crosscuts on the ends. The exact numbers, however, will depend on the size of the rink and the strength of the skater.
- (b) **JUMPS:** Four jumps consisting of:
- Axel
 - Double Salchow
 - Double Toe Loop
 - Split
- (c) **JUMP SEQUENCE:** One jump sequence of three or more jumps. At least 2 jumps to have one rotation or more and must be listed jumps.
- (d) **JUMP COMBINATION:** One jump combination consisting of a single Lutz plus a single or double toe loop or loop jump.

(E-2.3 Senior Bronze Free Skating Test – (1) Part 1: Elements continued)

- (e) **SPINS:** Three spins consisting of:
 - Flying Camel (minimum 3 rotations)
 - Layback or Sideways Leaning Spin or Camel/Sit (minimum 3 rotations)
 - Combination Spin: Minimum 2 rotations in each position, minimum 3 rotations on each foot, 2 positions and 1 change of foot.
- (f) **FIELD MOVEMENTS:** A sequence of 2 moves chosen by the candidate.
- (g) **STEP SEQUENCE:** One Step Sequence using full length or width of ice with choice of pattern.
- (h) **PASSING REQUIREMENT:** 12/14 elements Satisfactory or better. All stroking exercises must be satisfactory or better.

(2) **PART 2: PROGRAM (Rule 4304 (3) (b)):** A free skating program to music:

- (a) **DURATION:** 2.5 or 3.0 minutes (\pm 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
 - **JUMPS:** At least 5 different jumps: 4 jumps of at least one rotation and one double jump.
 - **JUMP SEQUENCE:** A jump sequence containing at least three jumps, of which two must be listed jumps.
 - **JUMP COMBINATION:** A jump combination including at least one double jump.
 - **SPINS:** 3 different spins including one combination.
 - **STEP SEQUENCE:** A step sequence (straight line, circular, serpentine or spiral) using full length or width of ice.
- (c) **PASSING REQUIREMENT:**

- (i) **TEN OF TWELVE CRITERIA SATISFACTORY OF BETTER:** A satisfactory evaluation or better in 10 out of 12 of the following criteria:

TECHNICAL MERIT	PRESENTATION
1. Jumps	7. Use of Ice
2. Jump Sequence	8. Carriage/Line/Form
3. Jump Combination	9. Sureness of skating skills with speed (excluding jumps and spins)
4. Spins	10. Use of Music
5. Spin Combination	11. Connecting Steps/Field Movements
6. Step Sequence	12. Program Composition

(E-2.3 Senior Bronze Free Skating Test – (2) Part 2: Program continued)

- (ii) **SPECIFIC REQUIREMENTS FOR JUMPS AND SPINS:** The skater cannot have more than one needs improvement in the jump criteria or more than one needs improvement in the spin criteria.
- (iii) **FURTHER PASSING REQUIREMENTS:** Carriage/line/form and sureness of skating skills with speed must be satisfactory or better.

2.4 JUNIOR SILVER FREE SKATING TEST

- (1) **PART 1: ELEMENTS (Rule 4304 (4) (a)):** 14 compulsory elements in isolation:
 - (a) **STROKING:** 4 exercises (draw for direction, then alternate):
 - **CIRCLE STROKING FORWARDS/BACKWARDS:** The skater skates outside and inside edges alternately, forming a large circle. The circle should increase in size as the skater accelerates. A minimum of two circuits of the rink must be completed. The skater shall perform this exercise forwards and backwards
 - **FIGURE EIGHT STROKING FORWARDS/BACKWARDS:** Starting at centre ice, the skater skates a large circle in one direction, then on returning to the centre, changes to skate another circle in the opposite direction. Between the two circles, the skater must execute a sustained edge before, during or after the transition. A minimum of two repetitions must be completed. The skater shall perform this exercise forwards and backwards.
 - (b) **JUMPS:** Three jumps consisting of:
 - Axel
 - One of: Double Loop
 Double Flip
 Double Lutz
 - Split/Split
 - (c) **JUMP SEQUENCE:** One jump sequence consisting of 3 or more jumps including one double jump. At least two of the included jumps must be listed jumps.
 - (d) **JUMP COMBINATION:** One jump combination consisting of 2 jumps of at least one rotation, second jump must be a double.
 - (e) **SPINS:** Three spins consisting of:
 - Layback or Sideways Leaning Spin or Crossfoot with a minimum of 4 rotations.
 - Sit Change Sit (minimum 4 rotations)
 - Combination Spin: Minimum 2 rotations in each position and minimum 4 rotations on each foot, 3 positions and 1 change of foot.

(E-2.4 Junior Silver Free Skating Test – (1) Part 1: Elements continued)

- (f) **FIELD MOVEMENT:** A sequence of two moves chosen by the candidate.
- (g) **STEP SEQUENCE:** One Step Sequence using full length or width of ice with choice of pattern.
- (h) **PASSING REQUIREMENT:** 12/14 elements satisfactory or better. All stroking exercises must be satisfactory or better.

(2) **PART 2: PROGRAM (Rule 4304 (4) (b)):** A free skating program to music.

- (a) **DURATION:** 3.0 or 3.5 minutes (\pm 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
 - **JUMPS:** At least 6 different jumps: 4 jumps of at least one rotation and two double jumps.
 - **JUMP SEQUENCE** A jump sequence containing at least three jumps, one of which shall be a double jump. At least two of the included jumps must be listed jumps.
 - **JUMP COMBINATION:** A jump combination including at least one double jump.
 - **SPINS:** Three different spins including one combination.
 - **STEP SEQUENCE:** A step sequence (straight line, circular, serpentine or spiral) using full length or width of ice.
- (c) **PASSING REQUIREMENT:**

- (i) **TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER:** A satisfactory evaluation or better in 10/12 of the following criteria:

TECHNICAL MERIT	PRESENTATION
1. Jumps	7. Use of Ice
2. Jump Sequence	8. Carriage/Line/Form
3. Jump Combination	9. Sureness of skating skills with speed (excluding jumps and spins)
4. Spins	10. Use of Music
5. Spin Combination	11. Connecting Steps/Field Movements
6. Step Sequence	12. Program Composition

- (ii) **SPECIFIC REQUIREMENTS FOR JUMPS AND SPINS:** The skater cannot have more than one needs improvement in the jump criteria or more than one needs improvement in the spin criteria.

- (iii) **FURTHER PASSING REQUIREMENT:** Carriage /line /form and sureness of skating skills with speed must be satisfactory or better.

2.5 SENIOR SILVER FREE SKATING TEST

- (1) **PART 1: ELEMENTS (Rule 4304 (5) (a)):** 14 compulsory elements in isolation:
- (a) **STROKING:** 3 exercises (draw for direction then alternate):
- **FORWARD RUSSIAN STROKING WITH FORWARD INSIDE/BACKWARD INSIDE THREE TURN SEQUENCE EXERCISE:** The skater performs forward Russian stroking down the sides of the rink and forward inside three/cross over to backward inside three turn and repeat approximately four times across the ends.
 - **FORWARD RUSSIAN STROKING WITH HIP TWIST SEQUENCE EXERCISE:** The skater performs forward Russian stroking down the sides of the rink and hip twist sequence across the ends. The hip twist sequence consists of closed forward outside mohawk/cross over to backward inside three turn then repeat approximately four times across the ends.
 - **FORWARD RUSSIAN STROKING WITH BACKWARD OUTSIDE THREE/INSIDE OPEN MOHAWK SEQUENCE EXERCISE:** The skater performs forward Russian stroking down the sides of the rink and backward outside three/inside open mohawk then repeat approximately four times across the ends.
- (b) **JUMPS:** Four jumps consisting of:
- Axel
 - Double Toe Loop
 - Two of: Double Loop
Double Flip
Double Lutz
- (c) **JUMP SEQUENCE:** One jump sequence consisting of 3 or more jumps including two double jumps. At least two of the included jumps must be listed jumps.
- (d) **JUMP COMBINATION:** One jump combination consisting of 2 double jumps.
- (e) **SPINS:** Three spins consisting of:
- Camel Change Camel with a minimum of 5 rotations.
 - Flying Camel/Back Sit with a minimum of 5 rotations
 - Combination Spin: Minimum 2 rotations in each position and minimum of 5 rotations on each foot. 3 positions and 1 change of foot.
- (f) **FIELD MOVEMENT:** A sequence of least 3 moves chosen by the candidate.

(E-2.5 Senior Silver Free Skating Test – (1) Part 1: Elements continued)

- (g) **STEP SEQUENCE:** One Step Sequence using full length or width of ice with choice of pattern.
- (h) **PASSING REQUIREMENT:** 12/14 elements Satisfactory or better. All stroking exercises must be satisfactory or better.
- (2) **PART 2: PROGRAM (Rule 4304 (5) (b)):** A free skating program to music:
- (a) **DURATION:** 3.5 or 4.0 minutes (\pm 10 seconds)
- (b) **ELEMENTS:** This program shall contain:
- **JUMPS:** A variety of jumps to include three different edge jumps and three different toe jumps. Three of these must be at least one rotation and three must be different double (or triple) jumps.
 - **JUMP SEQUENCE:** A jump sequence containing at least three jumps, two of which shall be double jumps. At least two of the included jumps must be listed jumps.
 - **JUMP COMBINATION:** A jump combination consisting of two double jumps.
 - **SPINS:** Three different spins including:
 - a combination spin demonstrating all three positions with at least 5 rotations on each foot;
 - a flying spin (5 rotations)
 - another spin of skater's choice
 - **STEP SEQUENCE:** One step sequence using full length or width of ice (circular, straight line, serpentine or spiral step)
- (c) **PASSING REQUIREMENT:**
- (i) **TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER:** A satisfactory evaluation or better in 10/12 of the following criteria:

TECHNICAL MERIT	PRESENTATION
1. Jumps	7. Use of Ice
2. Jump Sequence	8. Carriage/Line/Form
3. Jump Combination	9. Sureness of skating skills with speed (excluding jumps and spins)
4. Spins	10. Use of Music
5. Spin Combination	11. Connecting Steps/Field Movements
6. Step Sequence	12. Program Composition

(E-2.5 Senior Silver Free Skating Test – (2) Part 2: Program continued)

- (ii) **SPECIFIC REQUIREMENT FOR JUMPS AND SPINS:** The skater cannot have more than one needs improvement in the jump criteria or more than one needs improvement in the spin criteria.
- (iii) **FURTHER PASSING REQUIREMENT:** Carriage/ line /form, sureness of skating skills with speed and program composition: Must be satisfactory or better.

2.6 GOLD FREE SKATING TEST

- (1) **PART 1: ELEMENTS (Rule 4304 (6) (a)):** 14 compulsory elements in isolation:
 - (a) **STROKING:** 1 exercise (draw one stroking exercise, then draw for direction):
 - **FORWARD RUSSIAN STROKING WITH FORWARD INSIDE/BACKWARD INSIDE THREE TURN SEQUENCE EXERCISE:** The skater performs forward Russian stroking down the sides of the rink and forward inside three/cross over to backward inside three turn and repeat approximately four times across the ends.
 - **FORWARD RUSSIAN STROKING WITH HIP TWIST SEQUENCE EXERCISE:** The skater performs forward Russian stroking down the sides of the rink and hip twist sequence across the ends. The hip twist sequence consists of closed forward outside mohawk/cross over to backward inside three turn then repeat approximately four times across the ends.
 - **FORWARD RUSSIAN STROKING WITH BACKWARD OUTSIDE THREE/INSIDE OPEN MOHAWK SEQUENCE EXERCISE:** The skater performs forward Russian stroking down the sides of the rink and backward outside three/inside open mohawk then repeat approximately four times across the ends.
 - (b) **JUMPS:** Six jumps consisting of:
 - Axel
 - Double Toe Loop
 - Double Salchow
 - Double Loop
 - Double Flip
 - Double Lutz or Double Axel
 - (c) **JUMP SEQUENCE:** One jump sequence with 3 or more jumps including two double jumps. At least two of the included jumps must be listed jumps.
 - (d) **JUMP COMBINATION:** One jump combination consisting of 2 double jumps.

(E-2.6 Gold Free Skating Test – (2) Part 1: Elements continued)

- (e) **SPINS:** Three spins consisting of:
- Layback or Sideways Leaning Spin or Upright Variation with a minimum of 5 rotations.
 - Combination Spin with 5 rotations on each foot: minimum 2 rotations in each position, 3 positions, 1 change of foot.
 - Flying Sit Spin with a minimum of 5 rotations and optional foot of landing.
- (f) **FIELD MOVEMENT:** A sequence of moves utilizing the full surface.
- (g) **STEP SEQUENCE:** One Step Sequence using full length or width of ice with choice of pattern.
- (h) **PASSING REQUIREMENT:** 12/14 elements Satisfactory or better. All stroking exercises must be satisfactory or better.
- (2) **PART 2: PROGRAM (Rule 4304 (6) (b)):** A free skating program to music:
- (a) **DURATION:**
- (i) **LADIES:** 3.5 or 4.0 minutes (\pm 10 seconds).
- (ii) **MEN:** 4.0 or 4.5 for men (\pm 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- **JUMPS:** At least 4 different double jumps.
 - **JUMP SEQUENCE:** A jump sequence containing at least three jumps, two of which shall be a double jumps. At least two of the included jumps must be listed jumps
 - **JUMP COMBINATION:** A jump combination consisting of two double jumps.
 - **SPINS:** Four different spins including:
 - a combination spin demonstrating all three positions with at least 5 rotations on each foot;
 - a flying spin with 5 rotations
 - two other spins of skater's choice
 - **LADIES:**
 - **STEP SEQUENCE:** One step sequence using full length or width of ice and;
 - **FIELD MOVEMENTS:** One sequence of field movements to include: spirals and/or free skating movements such as turns, arabesques, spread eagles, etc. fully utilizing the ice surface.

(E-2.6 Gold Free Skating Test – (2) Part 2: Program continued)

- **MEN:**
 - **STEP SEQUENCE:** Two different step sequences using full length or width of ice.

(c) **PASSING REQUIREMENT:**

- (i) **TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER:** A Satisfactory evaluation or better in 10/12 of the following criteria:

TECHNICAL MERIT	PRESENTATION
1. Jumps	7. Use of Ice
2. Jump Sequence	8. Carriage/Line/Form
3. Jump Combination	9. Sureness of skating skills with speed (excluding jumps and spins)
4. Spins	10. Use of Music
5. Spin Combination	11. Connecting Steps/Field Movements
6. Step Sequence	12. Program Composition

- (ii) **SPECIFIC REQUIREMENT FOR JUMPS AND SPINS:** The skater cannot have more than one needs improvement in the jump criteria or more than one needs improvement in the spin criteria.
- (iii) **FURTHER PASSING REQUIREMENT:** Carriage/ line/ form, sureness of skating skills with speed and program composition must be satisfactory or better.

3.0 SPECIAL QUALIFICATIONS FOR FREE SKATING TESTS

3.1 EQUIVALENCIES FOR COMPETITIVE SINGLES TESTS IN THE STARSkate PROGRAM

Skaters passing Free Skating Tests in the competitive test system will be granted equivalencies for regular free skating tests as follows:

Juvenile Competitive Singles Test = Senior Bronze Free Skating Test
Pre-Novice Competitive Singles Test = Junior Silver Free Skating Test
Novice Competitive Singles Test = Senior Silver Free Skating Test
Junior Competitive Singles Test = Gold Free Skating Test

3.2 ORDER OF TESTS

- (1) **FREE SKATING TEST PARTS:** The free skating test parts can be taken individually and/or in any order. The candidate must have passed the previous elements portion in order to take the next elements portion and similarly the previous free program in order to take the next free program. (New Rule 4403 (4))

4.0 COMPOSITION, CONDUCT AND EVALUATION OF FREE SKATING TESTS

4.1 COMPOSITION OF A FREE SKATING PROGRAM

- (1) **DEFINITIONS OF REQUIRED ELEMENTS:** For definitions of the required elements see the Figure Skating Terms Defined section of the Technical Handbook.
- (2) **ROTATIONS FOR SPINS IN THE ELEMENTS OF ISOLATION:** Where the number of rotations is specified for spins in the elements in isolation, this refers to the rotations required on each foot.
- (3) **FREE SKATING PROGRAMS:** Free skating programs require:
 - (a) **JUMPS:** A specified number of different jumps of one rotation or more which may be done individually or in combination or in sequence.
 - (b) **JUMP COMBINATION:** One jump combination which must be in addition to (a).
 - (c) **JUMP SEQUENCE:** One jump sequence which must be in addition to (a) and (b). Jumps such as split, stag, mazurka, half jumps and one-foot jumps may be done to fulfill jump requirements for a jump sequence.

4.2 CONDUCT OF A FREE SKATING TEST

- (1) **STROKING EXERCISES:**
 - (a) **NUMBER OF TIMES AROUND THE RINK:** Stroking exercises should be performed for a minimum of one circuit of the rink unless otherwise specified.
 - (b) **DRAW FOR DIRECTION OF SKATING FOR EXERCISES:** Except for the Preliminary Free Skating test, a draw for direction of skating for the stroking exercises shall be done by the evaluator and one skater prior to the warm-up for the first skater. The direction of skating will then alternate with subsequent exercises. The draw for direction shall apply to all skaters taking tests in that particular discipline on that test day.
- (2) **ELEMENTS IN ISOLATION:**
 - (a) **ORDER OF ELEMENTS AND COMPLETED BEFORE PROGRAM:** Elements in isolation must be skated in the order listed and are normally to be completed before the program is skated.
 - (b) **REQUIRED FOR A TEST TO PASS:** All elements in isolation must be skated and evaluated in order for a test to be passed.

4.3 RESKATING A PORTION OF A TEST

At the request of the evaluator, a maximum of four elements in isolation in Free Skating tests, may be reskated once if necessary to pass. In all cases the better attempt shall be counted. The candidate may elect to reskate an unsuccessful element immediately or at the end of the portion of the test.

4.4 SCALE FOR EVALUATING A FREE SKATING TEST

All Free Skating tests shall be evaluated based on the following scale: Excellent, Good, Satisfactory, Needs Improvement.

4.5 CRITERIA FOR EVALUATING A FREE SKATING TEST

- (1) **USE OF ICE:** Refers to the ability to cover the ice surface using different shapes and patterns.
- (2) **CARRIAGE/LINE/FORM:** Refers to the skater's posture and body positions on the ice.)
- (3) **SPEED:** Refers to how fast the skater travels over the ice surface and the ability to change speed as dictated by the music. Sureness of Skating Skills with speed refers to the ability to execute solid basic skating (edges, crosscuts, steps) with speed.
- (4) **USE OF MUSIC:** Refers to the ability to skate in time to the music, to express the character of the music and to interpret the music.
- (5) **CONNECTING STEPS / FIELD MOVEMENTS:** Refers to the steps and movements which join elements together in the program and the inclusion of moves such as spirals, spread eagles, Ina Bauers, pivots, etc.
- (6) **PROGRAM COMPOSITION:** Refers to the balance of elements in the program, the placement of highlights on the ice surface, the correct program length and the choreography of the program.

4.6 EVALUATION OF STROKING EXERCISES

- (1) **STARTING, CARRIAGE, SPEED, MOVEMENT:** The evaluator shall take into account the starting, carriage, maintenance of reasonable speed and movement. Secondly, they must also consider the shape and symmetry of the pattern and the quality of the edges.
- (2) **CURVES AND FOOTWORK:** The skater should demonstrate strong, large curves performed with a deep knee bend. Footwork should be neat and the exercise should be performed with good carriage and style.

F - SKATING SKILLS TESTS

1.0 DEFINITIONS

For information regarding the Skating Skills Tests, refer to the Skating Skills Technical Handbook and Skating Skills Technical Videotape. For information on standards, refer to the Skating Skills Test Standards Manual and Videotape. (Rule 4305)

1.1 SKATING SKILLS

Skating Skills exercises which consist of edges, turns and field movements, are skated to prescribed music. The Skating Skill exercises are listed under "description of tests".

2.0 DESCRIPTION OF SKATING SKILLS TESTS

2.1 PRELIMINARY SKATING SKILLS TEST

- (1) **EXERCISES:** Candidates will skate three exercises: (Rule 4305 (1))
 - (a) **EXERCISE A:** Waltzing Threes
 - (b) **EXERCISE B:** Waltzing Mohawks
 - (c) **EXERCISE C:** Preliminary Circles
- (2) **PASSING REQUIREMENT:** The candidate must obtain a Satisfactory or better on all 3 exercises in order to pass.

2.2 JUNIOR BRONZE SKATING SKILLS TEST

- (1) **EXERCISES:** Candidates will skate three exercises: (Rule 4305 (2))
 - (a) **EXERCISE A:** Threes & Power Mohawks
 - (b) **EXERCISE B:** Power Circles I
 - (c) **EXERCISE C:** Change 3's
- (2) **PASSING REQUIREMENT:** The candidate must obtain a Satisfactory or better on all 3 exercises in order to pass.

2.3 SENIOR BRONZE SKATING SKILLS TEST

- (1) **EXERCISES:** Candidates will skate three exercises: (Rule 4305 (3))
- (a) **EXERCISE A:** Forward Brackets
 - (b) **EXERCISE B:** Power Circles II
 - (c) **EXERCISE C:** Expanding Exercise
- (2) **PASSING REQUIREMENT:** The candidate must obtain a Satisfactory or better on all 3 exercises in order to pass.

2.4 JUNIOR SILVER SKATING SKILLS TEST

- (1) **EXERCISES:** Candidates will skate three exercises on this test: (Rule 4305 (4))
- (a) **EXERCISE A:** Multi Turns & Power Threes
 - (b) **EXERCISE B:** Snakes & Ladders II (revised)
 - (c) **EXERCISE C:** Flying Choctaws
- (2) **PASSING REQUIREMENT:** The candidate must obtain a Satisfactory or better on all 3 of the exercises in order to pass.

2.5 SENIOR SILVER SKATING SKILLS TEST

- (1) **EXERCISES:** Candidates will skate three exercises: (Rule 4305 (5))
- (a) **EXERCISE A:** Rockers & Choctaws
 - (b) **EXERCISE B:** Multi-Circle Threes & Brackets
 - (c) **EXERCISE C:** Expanding Exercise
- (2) **PASSING REQUIREMENT:** The candidate must obtain a Satisfactory or better on all 3 exercises in order to pass.

2.6 GOLD SKATING SKILLS TEST

- (1) **EXERCISES:** Candidates will skate three exercises: (Rule 4305 (6))
- (a) **EXERCISE A:** Counters and Three Change Threes

(F-2.6 Gold Skating Skills Test – (1) Exercises continued)

- (b) **EXERCISE B:** Multi-Circle Double Threes and Mohawks
- (c) **EXERCISE C:** Expanding Exercise

(2) **PASSING REQUIREMENT:** The candidate must obtain a Satisfactory or better on all 3 exercises in order to pass.

3.0 SPECIAL QUALIFICATIONS FOR SKATING SKILLS TESTS

3.1 COMPETITIVE TEST EQUIVALENCIES FOR SKATING SKILLS TESTS

A Skating Skills test passed in the Competitive Skating Skills Test stream shall also be credited in the Skating Skills Test Stream.

3.2 SKATING SKILLS EQUIVALENCIES BASED ON OTHER TESTS PASSED

Credit will be given for figures, free skating, dance and Competitive tests passed prior to the introduction of the Skating Skills Tests as follows:

Tests Passed Prior to November 1, 1996

FIGURE	OR	FREE SKATING OR DANCE	SKATING SKILLS TEST CREDITED
First	or	Junior Bronze	Class 7
Third	or	Senior Bronze	Class 6
Fifth	or	Junior Silver	Class 5
Seventh	or	Senior Silver	Class 4
Eight	or	Gold	Class 3

COMPETITIVE TESTS	SKATING SKILLS TEST CREDITED
Novice Singles Part 1 or Part 2	Comp. Class 3
Junior Singles Part 1, Part 2 or Part 3	Comp. Class 2
Senior Singles Part 1, Part 2 or Part 3	Comp. Class 1
Juvenile Pair Part 1 or Part 2	Class 5
Pre-Novice Pair Part 1 or Part 2	Comp. Class 4
Novice Pair Part 1 or Part 2	Comp. Class 3
Junior Pair Part 1 or Part 2	Comp. Class 2
Senior Pair Part 1 or Part 2	Comp. Class 1
Novice Dance Part 1, 2, 3, 4, 5 or 6	Comp. Class 3
Junior Dance Part 1, 2, 3, 4, 5 or 6	Comp. Class 2
Senior Dance Part 1, 2, 3, 4 or 5	Comp. Class 1

4.0 COMPOSITION, CONDUCT AND EVALUATION OF SKATING SKILLS TESTS

4.1 CONDUCT OF SKATING SKILLS TESTS

- (1) **ALL EXERCISES TESTED FOR ONE CANDIDATE:** One candidate shall skate all exercises before the testing of another candidate begins.
- (2) **EXERCISES INCLUDE:** Candidates shall skate three exercises at each level.
- (3) **DETERMINING CIRCLE EXERCISE FOR PRELIMINARY SKATING SKILLS:** For Preliminary Skating Skills tests, a draw will be made to determine the circle exercise to be skated

4.2 RESKATING A PORTION OF A SKATING SKILLS TEST (Rule 4405 (2))

At the request of the evaluator, one exercise may be reskated if necessary to pass. The better attempt shall be counted.

4.3 SCALE FOR EVALUATING SKATING SKILLS TESTS

Skating Skills Preliminary to Gold Tests are evaluated as: Excellent, Good, Satisfactory, Needs Improvement.

4.4 CRITERIA FOR EVALUATING SKATING SKILLS TESTS

Skating Skills exercises are evaluated using the following six criteria:

- (1) **EDGE QUALITY:** Edge quality is characterized by a stable arc without sub-curves or wobbles. Accuracy of the edge and depth (degree of lean) are important although there is a great variance in the required depth of edge for particular lobes and steps.
- (2) **ICE COVERAGE:** Since pattern sizes vary according to the nature of the exercise, the size of the rink and the size/strength of the skater, ice coverage in this context refers to power and flow. In general, power should be attained from the blade and not the toe. Flow, or the ability to maintain speed is the second aspect of ice coverage that is considered.
- (3) **EASE OF MOTION:** Balance, body control (stability), agility or quickness during execution of turns, changes of edge and transitions, and general flexibility are assessed under this category.
- (4) **CORRECTNESS OF STEPS:** Step errors in each exercise are assessed according to the type of step. For example, errors in the main features of exercises (focus) are considered major and will generally be penalized. An error in the connecting steps (i.e. the number of crosscuts, etc.) is considered minor and may not affect the overall assessment of the exercise.

(F-4.4 Criteria for Evaluating Skating Skills Test continued)

- (5) ~~**MUSICALITY/PACING:** Musicality refers to the skater's ability to develop a feeling of rhythm throughout an exercise and to demonstrate an awareness of count 1 (the start of a measure). Pacing is assessed by comparing the skater's ability to complete a step or a group of steps within a designated length of time in beats. There is some flexibility, therefore, within each exercise, for skaters to vary somewhat within the "designated timing" as long as musicality and pacing are reasonably accurate.~~

(Regulation Change approved by the Board of Directors in June 2008, effective July 1, 2008)

- (6) **POSTURE:** Correct posture/carriage for most Skating Skill exercises involves a high and extended line of the free leg and arms (closer to shoulder level than waist). The position of the head is upright and the bend in the skating hip, knee and ankle should be enough to maintain balance at faster speeds.

NOTE: For each exercise the FOCUS highlights the specific criteria that are most prominent for that particular exercise.

G - GENERAL QUALIFICATIONS FOR TESTS IN THE STARSkate PROGRAM

1.0 ELIGIBILITY FOR TESTS

- (1) **WHO MAY TAKE TESTS:** The Test Program is open to Associate Members, Restricted Members and Profession Coaches of the Association, and to eligible members of affiliated foreign associations. See By-law 1202 for member participation in the Association and Section 2100 for eligibility status of the individual.
- (2) **SKATERS:** The Test Chair shall not permit a skater to participate in a test session unless the skater has a current registration number and all eligibility requirements have been verified prior to test day. The registration card or receipt for the application for registration, shall be shown to the Test Chair and the registration number shall be recorded on all test and summary sheets. (Rule 4301 (2))
- (3) **PROFESSIONAL COACHES:** Skate Canada coaches desiring to try tests shall be registered for the current membership year in accordance with Rule 1202 (3) and provide their coach's registration card to the Test Chair.
- (4) **FOREIGN ELIGIBLE PERSONS:** Foreign eligible persons desiring to try Skate Canada tests must be registered Associate members of the Association unless they are members of an affiliated foreign association.
- (5) **USFSA MEMBERS:** Members of the USFSA must provide:
 - (a) Permission in writing from their home club, or in the case of a USFSA individual member, their membership card
 - (b) USFSA registration card
 - (c) A test certificate evidencing the fact that the candidate has passed the necessary USFSA test or certification of USFSA National Competition status as appropriate.

2.0 TEST FEES

- (1) **FEES DETERMINED BY THE BOARD:** Fees for attempting tests are determined by the Board of Directors and are subject to change from time to time. (Rule 4402)
- (2) **FREE SKATING TEST FEE:** Each candidate for a part of a free skating test shall pay a fee of \$10.00.

(G-2.0 Test Fees continued)

- (3) **DANCE TEST FEE:** Each candidate for an individual dance/part of a dance test shall pay a fee of \$10.00.
- (4) **SKATING SKILLS AND INTERPRETIVE TEST FEE:** Each candidate for a Skating Skills test or Interpretive test shall pay a fee of \$10.00.
- (5) **COMPETITIVE SINGLES, COMPETITIVE PAIRS AND COMPETITIVE DANCE TEST FEES:** Each candidate for a competitive singles test, competitive pair test or competitive dance test shall pay a fee of \$20.00.
- (6) **FOREIGN SKATERS:** Eligible skaters from foreign countries who are not members of a Skate Canada club and hence do not have a Skate Canada registration card shall pay a fee of \$30.00-for each part of a test, or dance comprising a dance test taken in addition to the regular fees listed above. Written certification of membership in an affiliated foreign association will be required. The registration or identification number within that association must be entered on the test summary.
- (7) **ADDITIONAL CLUB OR SKATING SCHOOL LEVY:** Member clubs and skating schools are not permitted to charge a skater more than the official Association test fee as determined according to this regulation for taking a test except that an additional administrative charge may be levied where necessary to recover the actual expenses of conducting the test day, provided no profit is made in the process and provided the skater is advised of the estimated cost prior to the Test Day.
- (8) **FEES DUE IF TEST IS PASSED OR FAILED:** All fees are payable to the Association whether the test is passed or failed.

3.0 ORDER OF TESTS

A candidate for a test must have passed all of the preceding tests in the same category in all disciplines except as permitted by the special provisions outlined below:

- (1) **CREDIT FOR TESTS TAKEN:** Any test, including a single compulsory dance, which has been completed, according to the rules in force at the time of completion, will be credited to the candidate regardless of any subsequent changes in the test system. (Rule 4403 (1))
- (2) **USFSA GOLD TEST SKATERS:** USFSA members who have passed the USFSA Gold Free Skating or Dance Test may apply to take the Skate Canada Gold Free Skating Test, Gold Dance Test or Gold Artistic Test respectively without further qualification. (Rule 4403 (5))

4.0 REQUIREMENTS TO PASS

To pass an evaluated test, the candidate must meet the requirements specified in the test. See Technical Handbook for requirements specified in the test. (Rule 4404)

5.0 RETRYING OF AN UNSUCCESSFUL TEST

- (1) **REQUIREMENT TO RETRY ENTIRE TEST OR PART OF TEST:** A candidate who wishes to retry a test or part of a test, shall retry the test or part of the test in its entirety. When a skater passes a part(s) of a test the successful part(s) shall be recorded by Skate Canada National Office and shall not be retried. (Rule 4406 (1))

H - GENERAL CONDUCT & EVALUATION OF TESTS IN THE STARSkate PROGRAM

1.0 CONDUCT OF TESTS IN GENERAL

- (1) **VIEWING OF TESTS:** All tests shall be open to club members and their guests who may wish to watch, subject to the rights of the referee.
- (2) **MORE THAN ONE CANDIDATE FOR A TEST:** When more than one candidate is taking a specific test the order of skating shall be drawn by lot by the Test Chair. This order shall remain the same for all portions of the test.
- (3) **THOSE PERMITTED ON THE ICE SURFACE:** During a test only the candidate, coach and the officials shall be on the ice surface in use for the test and warm-up. The referee or evaluator may permit other persons on the ice surface at his or her discretion.
- (4) **WHEN COACHING IS AND IS NOT PERMITTED:** A candidate is not permitted to receive coaching from the time he or she is called by the referee to skate his or her performance until its completion. Coaching is permissible between the performance of individual exercises, dances, or isolated elements. Coaching shall be interpreted as meaning communication, verbal or otherwise, between the candidate and any other person except the referee. This shall not apply to a partner of a candidate trying a dance or pair test. The referee may disqualify a candidate who violates this rule and may bar from the rink any person who disregards it.
- (5) **SITUATION WHERE NO SPECIFIC RULE APPLIES:** When a situation arises which is not covered by a specific test rule then an appropriate competition rule with necessary modifications shall apply.

(H-1.0 Conduct of Tests in General continued)

- (6) **CANDIDATE WITH A PHYSICAL DISABILITY:** A candidate with a physical disability may request exemption from certain technical rules on the basis that such rule penalizes them in the marking of the test and that such rule is peripheral to the skating skill to be demonstrated. Application shall be made in writing to the Section Evaluators/Judges Chairman on behalf of the candidate by the candidate's home club, and shall be supported by suitable medical or other testimony that specifically relates the nature of the disability to the rule(s) in question.
- (7) **TEST SESSION:** A test session is a period of time during which tests are evaluated. A test session can be a few hours on the same day in one rink or it can be divided over several days and ice surfaces. Regardless of the format, skaters register only once for the same test at one test session.

2.0 RESKATING A PORTION OF A TEST (Rule 4405)

A candidate may be permitted to reskate a portion of a test as provided for in the Technical Handbook.

3.0 EVALUATOR / REFEREE RULINGS (Rule 4501)

There shall be no appeal from the ruling of the evaluator/referee in tests. In “single panel” tests, the referee and the judge are the same person.

4.0 EVALUATION OF TESTS

- (1) **SCALE:** In evaluating tests the following scale shall be used:
Excellent – Good – Satisfactory – Needs Improvement
- (2) **SYSTEM OF CHECK MARKS:** Evaluators will use a system of check marks to determine a candidate's success level for each test. Elements in isolation are awarded a single check mark.
- (3) **TWO FOOTED MOVEMENTS:** Unnecessary and prolonged movements executed on two feet must not be marked and should be penalized by the evaluators.)
- (4) **SOMERSAULT TYPE JUMPS:** Somersault type jumps are forbidden and must be penalized by the evaluators.
- (5) **STOPS, FALLS, AND INTERFERENCE:** See also General Technical Guidelines for all Competitive Tests and Competitions regarding Stops and Falls, and Interference as applicable.
- (6) **MARKING OF TESTS:** The marking of tests is to be recorded by each evaluator on standard Association judging sheets using the system of evaluating as outlined in Evaluation of Tests above.

(H-4.0 Evaluation of Tests in continued)

- (7) **VARIATION, RHYTHM AND INTERPRETIVE DANCES AND INTERPRETIVE COUPLES TESTS:** Candidates for the Dance Variation, Bronze Rhythm Dance, Silver and Gold Interpretive Dances, and Interpretive couple's tests shall be evaluated/judged as a couple and only one set of marks will be awarded which will apply to both candidates, if applicable.
- (8) **WHERE A PARTNER IS NOT AFFECTED BY A FAILURE:** A partner who has previously passed the test being tried is not affected by a failure in a subsequent test where he is acting only as a partner.
- (9) **PASSING REQUIREMENTS:** For all evaluated tests the number of elements required to be Satisfactory or better in order to pass is listed.

I - ADMINISTRATION OF TESTS IN THE STARSkate PROGRAM

1.0 TEST CHAIR DUTIES & RESPONSIBILITIES

- (1) **BE FAMILIAR WITH APPLICABLE MANUALS AND SUPPLIES:** Persons in charge of arranging tests should also consult the Association manual "Test Chair's Handbook". For this and other supplies required for tests refer to the current Association Catalogue of Supplies. (Rule 4602 (1))
- (2) **VERIFY CANDIDATES ELIGIBILITY FOR TESTS:** The Test Chair shall not permit a skater to participate in a test session unless the skater has a current registration number and all eligibility requirements have been verified prior to test day. The registration card or receipt for the application for registration, shall be shown to the Test Chair and the registration number shall be recorded on all test and summary sheets. (Rule 4602 (2))

2.0 LOCALE OF TESTS

Except as noted below all Skate Canada tests must be held in Canada.

- (1) **USA:** Skate Canada tests may be held in the U.S.A. provided that such tests are sponsored and conducted by a Skate Canada club.
- (2) **OTHER FOREIGN COUNTRIES:** Tests may be held in foreign countries, under exceptional circumstances, with the permission of the Board of Directors.

(I-2.0 Locale of Tests continued)

- (3) **CONTACT NATIONAL OFFICE:** Clubs and skating schools wishing to hold tests as defined in (1) and (2) above must contact the National Office at least two weeks prior to the scheduled test date for detailed information.

3.0 SCHEDULING OF TESTS

- (1) **LOCAL RULES:** Any local rules set up by a Section and approved by the Chair of the Skate Canada National Judges Subcommittee with respect to the scheduling of tests, shall be binding on the clubs and skaters of that Section providing they do not interfere with the intent or application of Skate Canada Rules and Policies. (Rule 4601)

- (2) **PROCEDURES FOR SCHEDULING OF TESTS:**

- (a) **NOTICE POSTED TWO WEEKS IN ADVANCE OF TESTS BEING HELD:** At least two weeks before tests are to be held, a club or skating school shall post a notice listing the following information:
 - (i) The types of tests to be held.
 - (ii) The dates and places of each type of test.
 - (iii) The closing date for receiving applications. This date shall be at least two weeks before the scheduled time for the tests.
- (b) **LATE ENTRIES:** Entries received after the closing date can be accepted only by the evaluators, judges or adjudicators who will be judging the tests.
- (c) **TESTS NOT SCHEDULED:** A candidate wishing to try a test which has not been scheduled shall apply to his home organization he or she is attending. The club or skating school shall be responsible for arranging the test within a reasonable period of time.
- (d) **TRYING A TEST AT A CLUB OR SKATING SCHOOL OTHER THAN THE HOME ORGANIZATION:** A candidate wishing to try a test at other than his or her home organization must secure the written consent of his or her home organization prior to taking the test. Clubs which are inactive for a portion of the year may file a blanket permission with the Association for their members to take tests during the period of the club's inactivity.

4.0 WITHDRAWAL OF CANDIDATE

- (1) **RESPONSIBLE FOR THE FEE:** A candidate who withdraws within fourteen days of the time announced for the test shall be liable for the test fee. This fee shall be submitted with the fees for the tests tried. This applies to all tests including competition tests.

(I-4.0 Withdrawal of Candidate continued)

- (2) **CANDIDATE WITHDRAWAL PROCEDURE:** The candidate's name shall be entered on the summary sheet and marked as "not tried". The test shall be considered as a failed test.
- (3) **EXCEPTIONS:** The above shall not apply if the Test Chair at the relevant session is satisfied that illness or accident necessitated the withdrawal.

5.0 RESULTS OF A TEST

- (1) **CALCULATIONS OF RESULTS:** The calculation of the result of a test shall be made by the evaluator or judges at the completion of the test.
- (2) **RELEASE OF RESULTS:**
 - (a) The results shall not be released until checked by the referee.
 - (b) The evaluator's or judge's sheets are to be made available as soon as possible after the completion of the test to the candidate, his parents and his coach. They are not to be made available to other persons except for official record purposes.

6.0 REPORTING OF TESTS

An official test summary report must be completed for all tests taken and must be checked and signed by the referee/evaluator. The registration number and the home club of candidates must be noted on the test summary report. The club or skating school holding the tests must send the test summary report accompanied by the applicable fees to the Executive Director of the Association within three weeks of the date of the tests. Failure to report within the time limit or failure to remit the fees will render the tests null and void except at the sole discretion of the Board of Directors. (Rule 4603)

- (1) **RESULTS OF TEST RECORDED ON TEST SUMMARY:** The results awarded by each evaluator or judge for each test shall be recorded on the summary sheet. Individual dances shall be recorded separately. For tests that consist of more than one portion, the results for each portion shall be recorded. For Single Panel tests, only one mark shall be entered and the test must be noted as a single panel test.
- (2) **PROGRAM THEME FOR ARTISTIC TEST RECORDED ON TEST SUMMARY:** In the case of the artistic tests, the theme of the program shall be noted on the test summary.
- (3) **COPIES OF TEST SUMMARY:**
 - (a) **CLUB:** One copy of the test summary must be retained by the club or skating school holding the tests for a period of at least two years.
 - (b) **CANDIDATE:** The original evaluator's/judge's test sheet shall be given to the candidate. When a test is taken by a candidate at other than his home club, the club or skating school holding the test must forward the original evaluator's/judge's sheet to the home club

(I-6.0 Reporting of Tests continued)

concerned, and notify that club of the number of the summary sheet upon which the marks are entered. These original evaluator's/judge's sheets may then be returned to the candidate. This rule applies to all tests, passed or failed.

- (4) **CHANGE OF NAME OF A CANDIDATE:** A candidate who, since the taking of any previous test, has changed his name or home club should notify the club or skating school of such change when applying for a test. Full details should be sent to the Executive Director of the Association with the report of the test taken.
- (5) **CANDIDATES FROM FOREIGN ASSOCIATIONS:** When a candidate from a foreign association takes a Skate Canada test the Chief Executive Officer of the Association will notify the secretary of the foreign association of the results of the test.

7.0 ISU TESTS

- (1) ISU tests may be arranged and conducted by a Section Evaluators/Judges Committee. Full details regarding conduct of these tests and the applicable fees are available from the Chief Executive Officer of the Association and are also contained in the ISU Regulations.
- (2) For ISU tests, the fee is as announced by the ISU. Bank drafts for the required amount in Swiss francs are to be made payable to International Skating Union and are to be forwarded to the Chief Executive Officer of the Association with the original marking cards and certificate required by the ISU. This fee does not include the cost of the emblem and diploma the skater receives on passing which is determined and announced by the ISU from time to time.

8.0 TEST EMBLEMS

- (1) **OFFICIAL TEST EMBLEMS:** The emblems for the successful passing of tests shall be the Skate Canada test medals, bars, pins and badge emblems.
- (2) **ISSUING OF TEST EMBLEMS:** All emblems shall be issued by the Chief Executive Officer of the Association, when s/he has been officially advised that the test has been passed. Requests for emblems must be made and payment received from the candidate or his home club. For the list of emblems available and prices of same see the current Association "Catalogue of Supplies".
- (3) **GOLD PIN:**
 - (a) **GENERAL:** A gold pin shall be presented gratis by the Association to all candidates passing the Gold Artistic Singles or Couples Test, Gold Free Skating Test, Gold Dance Test, Gold Interpretive Dance Test, Diamond Dance Test, Gold Skating Skills Test or Senior Competitive Tests (Singles, Pairs or Dance). (Rule 4604 (1))

J - NON-QUALIFYING COMPETITIONS & CHAMPIONSHIPS DETAILED INFORMATION

Refer to Event Management Rules and Handbook for information on Club, Interclub and Invitational Competitions. (Rule 4701)

1.0 ELIGIBILITY TO COMPETE – NON-QUALIFYING COMPETITIONS & CHAMPIONSHIPS (Rule 4706)

Be eligible or restricted persons as defined in Section 2100.

2.0 CLUB COMPETITIONS (Rule 4702)

Refer to Rules on Event Management.

3.0 INTERCLUB COMPETITIONS (Rule 4703)

Refer to Rules on Event Management.

4.0 INVITATIONAL COMPETITIONS (Rule 4704)

Refer to Rules on Event Management.

5.0 TEST AND AGE QUALIFICATIONS (Rule 4705)

For competitions conducted under the auspices of the respective Sections, the test or age qualifications shall be set by the Section. For other competitions (Club, Interclub, Invitationals) the test or age qualifications may be set by the host club.

