

******IMPORTANT REMINDER******

It is absolutely necessary for all skaters, coaches and supervising parents to make sure that the following rules are remembered and followed. We want to make sure that skaters are safe and making the best use of the limited ice that we have. Please read these rules and try to follow them carefully. **THANKS!!**

Rules of Ice Etiquette and Safety

1. After you have gone to the boards for water or a kleenex, it is necessary to look both ways before skating back out onto the ice. If you don't look you won't see who is coming along. It is the responsibility of the person at the boards to watch and wait until it is clear; (just like before you cross the street).
2. When skating backwards or setting up a lutz, the skater **must** keep looking and checking to make sure the path is clear.
3. When you notice that a skater is setting up a jump, please stay out or move out of the way and allow them the space to complete the jump.
4. Keep moving on the ice: do not stay in the corners for spins and spirals for long periods of time - the corners are needed for jumps; do not stand around on the ice visiting - go to the boards if you need a break.
5. **Be courteous**; if you notice that someone has been trying to set up a jump and you have had your turn, please give them a turn to complete it.
6. Each skater needs to take responsibility to let skaters know they are coming. Say "excuse me" or "look out please" in a polite way but loud enough for people to hear you.
7. Freeskate ice time is for freeskate practice only; especially during busy ice times, it is dangerous to be doing other types of skating.